

Harrison Recreation Department

LIFEGUARD TRAINING

Course offered to individuals who plan on working at the Brentwood Pool or the Ron Belmont Pool Complex

Requirments:

There will be a in water pre-test on Monday April 25, 6:00pm prior to the start of the class.

- Age 15 by start of class ~ copy of birth certificate required
- Available for all sessions
- Swim 300 meters continuously as follows-
100 Freestyle, 100 Breast Stroke and 100 choice of prior two
- Retrieve a 10 pound object from a depth of 9 feet and swim 20 yards with object
- Tread water

Class size is limited. Registration is on a first come basis

When: 4/25, 4/26, 4/28 & 5/4 from 6:00 - 9:00 pm at LMK Pool
4/27 & 4/29 from 5:00 - 9:00 pm at LMK Pool
5/2 & 5/3 from 6:00 - 9:00 pm Senior Annex West Harrison

Fee: \$400.00 Check made payable to Town/Village of Harrison

Lifeguard Training Course

Name_____

Address_____

Date of Birth_____ Phone Number_____

Email Address_____

Waiver of Liability:

We, the parents or legal guardian of the child named above, herby give our consent for his or her participation. We release the Recreation Department, Town/Village of Harrison, and related swim personnel from any responsiibility should any mishap occur.

Signature of parent/guardian: _____